

## Tax on drinks proposed 英国拟对含糖饮料征税

Vocabulary: food & health 词汇: 食品 & 健康

**Obesity** is back in the headlines in the UK, with the Academy of Medical Royal Colleges calling for **fizzy drinks** to be heavily **taxed** and **junk food** adverts banned until after the **watershed**.

The body, which represents doctors in the country, has called for **unhealthy** foods to be treated more like cigarettes, which were the target of a successful campaign.

Prof Terence Stephenson, the chair of the Academy, said: "That required things like a ban on advertising and a reduction in marketing and the association of smoking with sporting activities – that helped people **move away from** smoking."

A quarter of adults in the UK are considered **obese**, which makes it one of the nations where the problem is most prevalent.

Stephenson believes there is no "**silver bullet**" for **tackling** the problem of expanding **waistlines**; instead, the entire culture around eating needs to change to make it easier to make **healthy** decisions.

The Academy's recommendations include: a £100m budget for treatments like **weight-loss surgery**; the banning of **junk food** and **vending machines** in hospitals, where all food must meet the same **nutritional standards** as in schools; and information about **calories** for children on **food labels**.

The British **Soft Drinks** Association rejected the idea that a tax on **fizzy drinks**, which it said contributed to "just 2%" of the total **calories** in an average diet, would address a problem "which is about overall diet and levels of activity".

**Health minister** Lord Howe welcomed the report and said he wanted to see "businesses intensifying their efforts as well".

Some teenagers seem to be getting the **healthy** food message. George from Peterborough, interviewed by the BBC, believes that the key is moderation. He said: "Just don't have **fizzy drinks** every day. It's the same with things like **crisps**."



Would you drink less fizzy drinks if the price was higher?

词汇表请参看答案与词汇部分

## Quiz 测验

阅读短文并回答问题。

1. Doctors are comparing foods which make people fat to what kind of harmful product?
2. According to the article, how many people in the UK are considered too fat?
3. Which measures does the Academy of Medical Royal Colleges want hospitals to adopt with regard to food?
4. Is this statement true or false? *The British Soft Drink Association rejected the idea that people are fat because they consume fizzy drinks.*
5. Which expression in the article means "a simple and very effective solution for a difficult problem"?

## Exercise 练习

请你在不参考课文的情况下完成下列练习。从每个表格中选择一个意思合适的单词填入句子的空格处。

1. Mary is having a party tonight. Her fridge is full of ice cream, beer and \_\_\_\_\_ drinks.

junk	fizzy	expanding	vending
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2. \_\_\_\_\_ surgery is not something people opt for without serious thought. Doctors only offer it to people who are very obese.

healthy	nutritional	weight-loss	unhealthy
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3. A few years ago the trend was for people to wear jeans with really low \_\_\_\_\_.

standards	watershed	advertising	waistlines
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4. My sister wants to lose weight. She's moved \_\_\_\_\_ from eating pasta every day.

away	on	out	into
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5. The authorities in several countries have carried out massive campaigns to \_\_\_\_\_ the spread of HIV/Aids.

tax	tackle	welcome	intensify
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## Answers and Glossary 答案与词汇

### Quiz 小测验

1. Doctors are comparing foods which make people fat to what kind of harmful product? **Cigarettes.**
2. According to the article, how many people in the UK are considered too fat? **A quarter of the population.**
3. Which measures does the Academy of Medical Royal Colleges want hospitals to adopt with regard to food? **A ban on junk food and vending machines.**
4. Is this statement true or false? *The British Soft Drink Association rejected the idea that people are fat because they consume fizzy drinks.* **True. The British Soft Drink Association says soft drinks contribute to just 2% of the total calories in an average diet.**
5. Which expression in the article means "a simple and very effective solution for a difficult problem"? **A silver bullet.**

### Exercise 练习

1. Mary is having a party tonight. Her fridge is full of ice cream, beer and **fizzy** drinks.
2. **Weight-loss** surgery is not something people opted for without serious thought. Doctors only offer it to people who are very obese.
3. A few years ago the trend was for people to wear jeans with really low **waistline**.
4. My sister wants to lose weight. She's moved **away** from eating pasta every day.
5. The authorities in several countries have carried out massive campaigns to **tackle** the spread of HIV/Aids.

## Glossary 词汇表

<b>obesity</b>	肥胖症
<b>a fizzy drink</b>	汽水
<b>to tax</b>	征税
<b>junk food</b>	垃圾食品
<b>the watershed</b>	分水岭时间（在晚 9 点后才能播出）
<b>unhealthy</b>	不健康的
<b>to move away from</b>	停止（做某事）
<b>obese</b>	肥胖的
<b>the silver bullet</b>	（喻）捷径，高招儿
<b>to tackle</b>	应对，解决
<b>the waistline</b>	腰围
<b>healthy</b>	健康的
<b>the weight-loss surgery</b>	瘦身手术
<b>a vending machine</b>	自动售货机
<b>the nutritional standards</b>	营养标准
<b>the calories</b>	卡路里
<b>the food label</b>	食品标签
<b>a soft drink</b>	软饮
<b>the health minister</b>	（英国）卫生大臣
<b>crisps</b>	薯片