

## Indian police call in a hypnotist 以催眠术除恶习

英语学习点: 上瘾 *Vocabulary: Addictions*

"You are feeling very sleepy..." These are not words normally addressed to policemen.

But this might well be the sort of language directed to officers in the central Indian state of Chhattisgarh. Senior officers there have called in a **hypnotist** to help their men **give up** drinking alcohol and smoking.



*A traditional English hypnotist*

They believe that **alcoholism** has become a problem in the force, with reports of **drunk** policemen on duty.

India's policemen say they are overworked and many suffer from stress. Recently, a local TV channel showed a policeman **passing out** after drinking alcohol in the capital, Raipur.

So local police hired hypnotist VL Soni for a 30-minute session with around two hundred officers, who were described as "alcoholic, overweight or depressed".

After the session ended, Mr Soni announced that all the policemen who had attended would soon **kick the habit** of **consuming** alcohol. The hypnotist has reportedly managed to make subjects feel **nauseous** whenever they smelled cigarettes or alcohol.

Participants said the session was "dramatic", with Mr Soni calling up one policeman on his mobile and hypnotising him over the phone. He also made another policeman sing folk songs during the session.

The **hypnotherapy** is not only targeting those **hooked on** alcohol and cigarettes - the next stage is to help staff "get rid of extra fat and hypertension". And there is even talk of using the hypnotist during interrogations of suspects to help solve cases.

词汇表请参看答案与词汇部分

## Quiz 测验

阅读短文并回答问题。

1. Is this statement true, false or not given? *India's policemen were making fewer arrests because they were drinking too much.*
2. Is this statement true, false or not given? *The hypnotist made the policeman feel relaxed when they smelled alcohol.*
3. Look at the article. What expression means fainting or losing consciousness?
4. Look at the article. What word means exciting and spectacular?
5. How might the hypnotist next be used to fight crime?

## Exercise 练习

请你在不参考课文的情况下完成下列练习。从每个表格中选择一个意思合适的单词填入句子的空格处。

1. Alcohol \_\_\_\_\_ is a serious problem.

remission	addiction	infection	decision
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2. I have been a smoker for years. It's time for me to \_\_\_\_\_.

kick the habit	kick the rabbit	hit the habit	hit the rabbit
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3. By the time he reached adulthood, Tom was \_\_\_\_\_ drugs.

sticked on	stuck to	stuck under	hooked on
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4. More and more people are trying to give \_\_\_\_\_ unhealthy foods.

under	up	through	down
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5. Alcohol \_\_\_\_\_ is becoming increasingly common among young people.

consumption	condition	conscription	consumed
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## Answers and Glossary 答案与词汇

### Quiz 小测验

1. Is this statement true, false or not given? *India's policemen were making fewer arrests because they were drinking too much.* Not given. The text does not refer to arrests.
2. Is this statement true, false or not given? *The hypnotist made the policeman feel relaxed when they smelled alcohol.* False. The hypnotist has reportedly managed to make subjects feel nauseous whenever they smelled cigarettes or alcohol.
3. Look at the article. What expression means fainting or losing consciousness? Passing out
4. Look at the article. What word means exciting and spectacular? Dramatic
5. How might the hypnotist next be used to fight crime? By using him to interview people whom police believe may be involved in a crime - "And there is even talk of using the hypnotist during interrogations of suspects to help solve cases."

### Exercise 练习

1. Alcohol addiction is a serious problem.
2. I have been a smoker for years. It's time for me to kick the habit.
3. By the time he reached adulthood, Tom was hooked on drugs.
4. More and more people are trying to give up unhealthy foods.
5. Alcohol consumption is becoming increasingly common among young people.

### Glossary 词汇表

a hypnotist	催眠师
to give (something ) up	停止做某事
alcoholism	酗酒现象
drunk	喝醉了
to pass out	昏厥
to kick the habit	去除恶习
to consume something	消费（此处指喝酒）
nauseous	感到恶心
hypnotherapy	催眠术
to be hooked on something	对什么东西上瘾